

## **Jewish Daily Prayer (Amidah, Eighteen Blessings)**

\*Lord, open my lips and my mouth will declare Your praise.

Blessed are You, Lord our God and God of our forefathers, God of Abraham, God of Isaac and God of Jacob; the great, mighty and awesome God, God Most High, the One who satisfies with good grace, and Maker of all; the One who remembers the commitments of our fathers and brings a Redeemer to their children's children, out of love, and for His own name's sake.

\*O King, Helper, Saviour and Shield, Blessed are You, Lord, the shield of Abraham. You are mighty forever, the Lord who brings the dead to life, mighty to save.

\*O Sustainer of life by Your grace, the One who out of great compassion brings the dead to life, who carries the falling, heals the sick, releases the prisoner and keeps faith with those who sleep in the dust. Who is like You, Master of mighty deeds, and who even resembles You, O King over death and life, the One who causes salvation to spring up?

Truly, You are faithful to bring the dead to life; blessed are You, Lord, who brings the dead to life.

\*You are holy, and Your name is holy; all day long Your holy ones will praise You – Selah. Blessed are You, Lord, the holy God.

You favour mankind with knowledge, understanding and insight; blessed are You, Lord who graces us with knowledge.

\*Our Father, cause us to return to Your instruction and draw us near, our King, to Your service and bring us back in complete repentance to Your presence. Blessed are You, Lord, who delights in repentance.

\*Our Father, forgive us, for we have sinned; pardon us, our King, for we have transgressed. Blessed are You Lord, gracious and abundantly forgiving.

Look upon our troubles and defend our cause; and quickly redeem us for the sake of Your name, for You are a strong Redeemer. Blessed are You Lord, Redeemer of Israel.

\*Heal us and we shall be healed; rescue us and we shall be saved, for You are our praise. And grant us complete healing for all our wounds, for You, God our King, are a faithful and compassionate healer. Blessed are You, Lord, healer of the sicknesses of Your people, Israel.

\*Bless this year to us, O Lord our God, and all the good things supplied to us in it, and release Your blessing upon the face of the earth. Satisfy us with Your goodness, and bless our year as other good years; blessed are You, Lord, who blesses the years.

\*Sound the great horn for our freedom; lift up a banner to gather our exiles and bring us together from the four corners of the earth. Blessed are You, Lord, who gathers the exiles of Your people Israel.

\*Restore our judges as it was at first, and our counsellors as it was at the beginning; take from us sorrow and sighing and reign over us, You alone, in grace and compassion, and make us righteous by Your justice. Blessed are You Lord, the King who loves equity and justice.

\*And let there be no hope for slanderers and let all wickedness perish in a moment; and let all Your enemies be swiftly cut off and quickly uproot the dominion of arrogance, crushing, reducing and humbling it in our day. Blessed are You, Lord, who breaks your enemies and humbles the arrogant.

\*Upon the righteous and upon the covenant-faithful and upon the elders of Your people, the house of Israel, and

on the remnant of their scholars and upon the righteous strangers and towards us, may Your compassion be stirred, O Lord our God; and grant a good reward to all who truly trust in Your name. And set our inheritance among them forever, so that we may never be ashamed, for we trust in You. Blessed are You, Lord, the trust and stay of the righteous.

\*And return in compassion to Jerusalem, Your city, and dwell there as You have spoken; and build it up in our days as an everlasting building and establish there the throne of David. Blessed are You, Lord, the builder of Jerusalem.

\*And let the branch of David your servant flourish quickly and let his horn be exalted in Your salvation, for we await Your rescue all the day. Blessed are You, Lord, who makes the horn of salvation to flourish.

\*Hear our voice, Lord our God, spare us and have mercy upon us; receive our prayer in compassion and favour, for You are God who listens to prayer and requests; do not send us away empty from before Your face, O our King, for You listen with compassion to the prayer of Your people Israel. Blessed are You Lord, who listens to prayer.

\*Be open, Lord our God, to Your people Israel and to their prayers. And restore the service of the word to Your house; receive in love and favour the burnt offerings of Israel and may their service be always pleasing to You. And let our eyes gaze upon Your compassionate return to Zion. Blessed are You, Lord, who restores Your presence to Zion.

\*We give thanks to You, for You are the Lord our God and the God of our forefathers forever; You are the rock of our lives, the shield of our salvation through all generations. We give thanks to you and praise you for our lives which are committed into Your hands and for our beings, which are in Your charge, and for the miracles which are with us daily, for your wonderful goodness continually working among us, morning, noon and night. You are good and Your compassions never fail; You are compassionate, and Your grace never ceases; we have put our hope in You forever.

\*For all these things, our King, Your name will be always and forever blessed; and everything that lives will give thanks to You and praise Your name in truth, O God, our help and our salvation. Selah. Blessed are You Lord, whose name is good; how sweet it is to give thanks to You!

\*Grant wholeness, peace, goodness, blessing, favour and grace upon us and upon all Your people Israel; bless us all together, O Our Father, with the light of Your face; for by the light of Your face You have given us, Lord, the instruction of life, love and grace, along with righteousness, blessing, compassion, life and peace. May it be good in Your sight to bless Your people Israel each day and each hour with Your peace. Blessed are You Lord, the One who blesses Your people Israel with peace.

\*Let the words of my mouth and the meditation of my heart be pleasing in Your presence, O Lord, my rock and my redeemer. May the One who makes peace in His high places make peace for us and all Israel; and so say, Amen.

### **St Patrick's Breastplate**

I bind unto myself today  
Your mighty Name, O Trinity,  
By invocation of the same,  
O Three-in-One and One-in -Three.

I bind to me this day forever  
By faith, O Christ, Your incarnation,  
Your baptism in the Jordan river,  
Your death on cross for my salvation;  
Your bursting from the spiced tomb,  
Your riding up the heav'nly way,  
Your coming at the day of doom  
I bind unto myself today.

I bind unto myself today  
Your power, O God, to hold and lead,  
Your eye to watch, Your might to stay,  
Your ear to hearken to my need,  
Your wisdom, O my God, to teach,  
Your power to guide, Your shield to ward,  
Your Word of God to give me speech,  
Your heavenly host to be my guard

Against all Satan's charms and wiles,  
Against false words of heresy,  
Against the knowledge that defiles,  
Against the heart's idolatry,  
Against the wizard's evil craft,  
Against the death wound and the burning,  
The choking wave, the poisoned shaft,  
Protect me Christ, 'til Your returning.

Christ be with me, Christ within me,  
Christ behind me, Christ before me,  
Christ beside me, Christ to win me,  
Christ to comfort and restore me;  
Christ beneath me, Christ above me,  
Christ in quiet, Christ in danger,  
Christ in hearts of all that love me,  
Christ in mouth of friend and stranger.

I bind unto myself today  
Your mighty Name, O Trinity,  
By invocation of the same,  
O Three-in-One and One-in -Three,  
From whom all nature has creation,  
Eternal Father, Spirit, Word,  
Praise to You, Lord of my Salvation;  
Salvation is of Christ the Lord.

### **Psalm 23**

The Lord is my shepherd, I shall lack nothing.  
He makes me lie down in green pastures,  
He leads me beside quiet waters, He restores my soul.  
He guides me in paths of righteousness for His name's sake.  
Even though I walk through the valley of the shadow of death,  
I will fear no evil, for You are with me;  
Your rod and Your staff, they comfort me.  
You prepare a table before me in the presence of my enemies,  
You anoint my head with oil, my cup overflows.  
Surely goodness and covenant-grace will follow me  
All the days of my life,  
And I will dwell in the house of the Lord forever.

### **Psalm 27**

The Lord is my light and my salvation, whom shall I fear?  
The Lord is the stronghold of my life,  
Of whom shall I be afraid?  
When evil men advance against me to devour my flesh,  
When my enemies and foes attack me,  
They will stumble and fall. Though an army besiege me,  
My heart will not fear;  
Though war break out against me,  
Even then will I be confident.  
One thing I have asked of the Lord, this is what I seek,  
That I may dwell in the house of the Lord  
All the days of my life; to behold the beauty of the Lord  
And to seek Him in His temple.  
For in the day of trouble, He will keep me safe  
In His dwelling; He will hide me in the shelter of His  
tabernacle and set me high upon a rock.  
Then my head will be exalted above the enemies who  
surround me,  
At His tabernacle I will sacrifice with shouts of joy;  
I will sing and make music to the Lord.

Hear my voice when I call, Lord; be merciful and answer me.  
My heart says of you 'Seek His face!' Your face, Lord, I will seek.  
Do not hide Your face from me, do not turn Your servant away in anger; You have been my helper.  
Do not reject me or forsake me, O God my Saviour.  
Though my father and mother forsake me, the Lord will receive me.  
Teach me Your way, O Lord, lead me in a straight path  
Because of my oppressors.  
Do not turn me over to the desire of my foes,  
For false witnesses rise up against me, breathing out violence.

I am still confident of this; I will see the goodness of the Lord in the land of the living.  
Wait for the Lord, be strong and take heart,  
And wait for the Lord.

### **Psalm 8**

O Lord, our Lord,  
How majestic is Your name in all the earth!  
You have set Your glory above the heavens,  
From the lips of children and infants,  
You have ordained praise, because of Your enemies,  
To silence the foe and the avenger.

When I consider Your heavens, the work of Your fingers,  
The moon and the stars which You have set in place,  
What is humanity, that You are mindful of them,  
Or their children, that You care for them?  
You made them a little less than divine,  
But crowned them with glory and honour.

You made them ruler over the works of Your hands,  
And put everything under their feet;  
All flocks and herds, and the beasts of the field, the  
birds of the air and the fish of the sea  
All that swim in the paths of the sea.

O Lord, our Lord,  
How majestic is Your name in all the earth!

### **Jesus' Prayer to the Father (John 17)**

Father, the time has come. Glorify Your Son,  
That Your Son may glorify You.  
For You have granted Him authority over all people,  
That He might give eternal life to all those  
You have given Him.  
Now this is eternal life, that they might know You,  
The only true God, and Jesus Christ,  
Whom You have sent.  
I have brought You glory on earth  
By completing the work You gave me to do.  
And now, Father, glorify me in Your presence  
With the glory I had with You  
Before the world began.

...

I am coming to You now, but I say these things  
While I am still with them in the world, so that they may  
have the full measure of my joy within them.  
I have given them Your word and the world has hated  
them, for they are not of the world  
Any more than I am of the world.  
My prayer is not that You take them out of the world,  
But that You protect them from the evil one.  
They are not of the world, even as I am not of it.  
Sanctify them by the truth; Your word is truth.  
As You sent me into the world, I have sent them into  
the world.  
For them I sanctify myself, that they too may be fully  
sanctified.  
My prayer is not for them alone. I pray also for those  
who will believe in me through their message,  
That all of them may be one, Father,  
Just as You are in me and I am in You,  
May they also be in us so that the world may believe  
that You have sent me.  
I have given them the glory that You gave me,  
That they may be one as we are one:  
I in them, and You in me.  
May they be brought to complete unity  
To let the world know that You sent me  
And have loved them even as You have loved me.

Father, I want those you have given me to be with me  
Where I am, and to see my glory,  
The glory You have given me because You love me,  
Before the creation of the world.

Righteous Father, the world does not know You,  
I know You, and they know You have sent me.  
I have made You known to them,  
And will continue to make You known  
In order that the love You have for me  
May be in them and that I myself may be in them.

### **Modeh (Jewish Waking Prayer)**

I give thanks to You in Your presence,  
Living, eternal King, that in mercy  
You return to me my life and breath,  
Great is Your faithfulness.

### **Rising Prayer**

O Unslumbering Trinity,  
As You have been in my sleeping,  
So be in my waking,  
Fill this day with the light of Your presence:  
I offer it to You as it's given to me,  
A gift of love,  
That its ending may be as its beginning,  
Hallowed by thankful prayer,  
Amen.

### **Prayer Before Sleeping**

O Unslumbering Trinity,  
As You have been in my waking,  
So be in my sleeping,  
Fill this night with the peace of Your presence:  
I offer it to You as it's given to me,  
A gift of love,  
That its ending may be as its beginning,  
Hallowed by thankful prayer,  
Amen.

### **Psalm 118 (Part of Great Hallel)**

Give thanks to the Lord, for He is good,  
His covenant grace has no limit.

Let Israel say, 'His covenant grace has no limit',  
Let Aaron's house say, 'His covenant grace has no limit',  
Let those who fear the Lord say,  
'His covenant grace has no limit'.

In my trouble I cried out to the Lord,  
And He responded by releasing me.  
The Lord is with me, I will not be afraid.  
What can humans do to me?  
The Lord is with me; He is my helper.  
I will look in triumph on my enemies.

It is better to take shelter in the Lord  
Than to trust in humans,  
It is better to take shelter in the Lord  
Than to trust in governors.

All the nations surrounded me,  
But in the name of the Lord I cut them off.  
They surrounded me on every side,  
But in the name of the Lord I cut them off.  
They swarmed around me like bees,  
But they died off as fast as burning thorns,  
In the name of the Lord, I cut them off.

I was forced to retreat, about to fall,  
But the Lord helped me.  
The Lord is my strength and my song;  
He has become my Rescuer.

Shouts of joy and triumph resound from the tents of the  
people of integrity,  
The Lord's right hand has done mighty things!  
The Lord's right hand is lifted high;  
The Lord's right hand has done mighty things!

I will not die, but live, and will proclaim the Lord's deeds  
The Lord has disciplined me severely,  
But He has not abandoned me to death.

Open for me the gates of integrity;  
I will enter and give thanks to the Lord.  
This is the gate of the Lord through which the upright  
enter.  
I give You thanks, for You answered me;  
You have become my Rescue!

The stone the builders rejected has become the  
cornerstone;  
The Lord has done this, it is marvellous in our eyes.  
This is the day the Lord has made,  
We will rejoice and find joy in it.

O Lord, save us; O Lord, let us flourish.  
A welcoming blessing to Him who comes in the Lord's  
name!  
From the house of the Lord, we bless You!  
The Lord is God and He has made His light shine upon  
us,  
With boughs in hand, join the procession to the horns of  
the altar.  
You are my God, and I will give You thanks;  
You are my God, and I will lift You up.

Give thanks to the Lord, for He is good;  
His covenant grace has no limit!

#### **Daniel's Prayer (Dan.9)**

O Lord, the Great and Awesome God,  
Keeper of His Covenant and Covenanted Grace  
For all who love Him and obey His directions,  
We have sinned and done wrong.  
We have failed and rebelled, and  
We have turned away from Your directives and  
instructions,

We have not listened to Your servants the prophets  
Who spoke in Your name to our kings, our rulers  
And our fathers, to all the people of the land.  
Lord, You are righteous, but today we are shamefaced –  
The people of Judah and Jerusalem and all Israel,  
Both near and far, in all the territories where You  
scattered us  
Because of our unfaithfulness to You.  
O Lord, we and our kings, our rulers and our fathers  
Are shamefaced because we sinned against You.

The Lord our God is merciful and forgiving,  
Even though we have rebelled against Him;  
We have not obeyed the Lord our God nor  
Kept to the directives He gave us  
Through His servants the prophets.  
All Israel has broken Your laws  
And turned away, refusing to hear You.  
Therefore the curses and promised outcomes  
Written in the Instruction of Moses, the Servant of God  
Have been poured out upon us,  
Because we have sinned against You.  
You have fulfilled the words spoken against us  
And against our rulers by bringing upon us great  
disaster.

Under the whole of heaven, nothing has ever  
been done like what has been done to Jerusalem.  
Just as it is written in the Instruction of Moses,  
All this disaster has come upon us,  
Yet we have not sought the favour of the Lord our God  
By turning from our sins and giving attention to Your  
truth.

The Lord did not hesitate to bring that disaster upon us,  
For the Lord our God is righteous in everything He does;  
Yet we have not listened to Him.

Now, O Lord our God, who brought Your people out of  
Egypt with a mighty hand  
And who made for Himself a name  
That endures to this day,  
We have sinned, we have done wrong.  
O Lord, in keeping with Your righteous deeds,  
Turn away Your anger and your wrath from Jerusalem,  
Your city, Your holy hill.  
Our sins and the failings of our fathers  
Have made Jerusalem and Your people  
An object of scorn to all those around us.

Now, our God, hear Your servant's prayers and requests.  
For Your sake, O Lord, look with favour  
On Your desolate sanctuary.  
Listen, O God and hear; open Your eyes and see the  
desolation of the city that bears Your name.  
We do not make these requests of You because we are  
righteous,  
But because of Your great mercy.  
O Lord, listen!  
O Lord, forgive!  
O Lord, hear and act!  
For your sake, O my God, do not delay,  
Because of Your city and the people that bear Your  
Name.